



## **Bet Shalom Yeladim's COVID-19 Preparedness Plan 06-26-2020**

### **➤ Frequent Handwashing**

- Staff and children are regularly washing their hands
- Hands are sanitized at arrival when entering the building.
- Hands are washed or sanitized when entering or leaving a space like classroom, playground and large motor space.
- Hands are washed after a child has touched their face or mouth.
- Hands are washed before and after eating.
- Hands are washed after blowing your nose, coughing or sneezing.
- Hand sanitizer that is at least 60% alcohol is used if soap and water are not available. Children are supervised while using hand sanitizer and it is inaccessible to them when not in use.
- Gloves are used when applying sunscreen and changed between each child.
- Educating students on the importance of avoiding touching their faces throughout the day and washing hands when they do.

### **➤ Cleaning and disinfecting**

- Toys swapped out frequently to be cleaned and disinfected/sanitized
- **Change of policy** - We temporarily do not have the required equipment and materials for children available at all times since some materials and toys can not be adequately disinfected right away. There will still be toys and materials available for children.
- Large motor space is cleaned and disinfected/sanitized after each age group.
- Playground is cleaned after each age group in frequently touched areas.
- Playground is cleaned and disinfected/sanitized each day
- All rooms will be cleaned and disinfected/sanitized routinely through the day and at the end of each day
- All frequently touched surfaces and objects including below will be cleaned and disinfected:
  - Door knobs and handles
  - Stair rails
  - Classroom tables and chairs
  - Countertops
  - Handrails
  - Light switches
  - Handles on equipment
  - Elevator buttons if used
  - Shelves



- Shared toys
- Shared telephones
- Shared ipads
- Walkie talkies
- [COVID-19 Cleaning and Disinfecting Guidance for Schools and Child Care Programs](#) is in each room for guidance.
  - This guidance will be followed if a child or staff becomes ill and/or if there is a confirmed COVID-19 case.
- Gloves and masks are worn during cleaning.

### ➤ **Arrival and Departure**

- We are temporarily limiting parent access into the Synagogue and deviating away from our current policy that parents can visit at any time and walk their child to their classroom or walk down to pick up their child.
- **Parent And Child Health Check Before Leaving Home**
  - Check temperature in morning before leaving for school
  - Make visual inspection of signs of illness, which could include flushed cheeks, rapid breathing or difficulty (without recent physical activity), fatigue, or extreme fussiness.
  - If child has fever or visual signs of illness, child must stay at home
  - If anyone living in the household has a fever or visual signs of illness, the child must stay at home. [Follow these exclusion guidelines](#) (Bet Shalom Yeladim's fever policy is 100.0 degrees)
  - People with these symptoms or combinations of symptoms may have COVID-19:
    - Cough - new onset or worsening cough
    - Shortness of breath or difficulty breathing
    - Fever of 100 degrees or more
    - *Or at least two of these symptoms:*
      - Chills
      - Repeated shaking with chills
      - Muscle pain
      - Headache
      - Sore throat
      - New loss of taste or smell
- **Teacher Health Check Before Coming to School**
  - Check their temperature in the morning and before leaving for school. Teachers must take temperature at school if they are unable to take temperature before arriving.



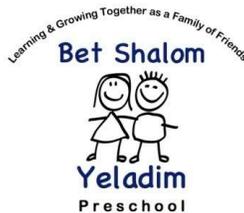
- If anyone living in the household has fever or visual signs of illness, teacher must stay home [Follow these exclusion guidelines](#) (Bet Shalom Yeladim's fever policy is 100.0 degrees)
- People with these symptoms or combinations of symptoms may have COVID-19:
  - Cough - new onset or worsening cough
  - Shortness of breath or difficulty breathing
  - Fever of 100 degrees or more
  - *Or at least two of these symptoms:*
    - Chills
    - Repeated shaking with chills
    - Muscle pain
    - Headache
    - Sore throat
    - New loss of taste or smell
- **Drop Off**
  - **Drop off times: 7am-9:15am - Outside these hours call our BSY Emergency Line - 612-567-7635**
  - Masks are not required but recommended.
  - Parents will take their child to school entrance if no one is at the door. If someone is at the entrance, the parent will wait until the entrance is empty.
  - Staff members will make a visual inspection of the child for signs of illness, which could include flushed cheeks, rapid breathing or difficulty (without recent physical activity), fatigue, or extreme fussiness.
  - Staff members will ask the parent how the child and household are feeling.
  - People with these symptoms or combinations of symptoms may have COVID-19:
    - Cough - new onset or worsening cough
    - Shortness of breath or difficulty breathing
    - Fever of 100 degrees or more
    - *Or at least two of these symptoms:*
      - Chills
      - Repeated shaking with chills
      - Muscle pain
      - Headache
      - Sore throat
      - New loss of taste or smell



- Staff members will be wearing masks, perform hand hygiene, put on disposable gloves and check the child's temperature with reaching out the door.
- If the child passes assessment then a staff member will take the child into the school.
- Limited belongings can be brought in with child
  - Only lunch boxes or supplies that are needed
- Child will sanitize hands and be brought down to classroom
- **Pickup**
  - Pickup times: 3:15pm-6pm - Outside these hours call our BSY Emergency Line - 612-567-7635
  - Masks are not required but recommended
  - When you pull up, please step out of your vehicle but wait for your children to come out with the staff person before coming to the front door.
  - Once the staff person sees you have arrived, they will walkie to the staff person to bring the children up.
  - Children will wash their hands/sanitize their hands before leaving.
  - Staff members will walk the child outside the door for you to pick up.
- **Plans for identifying and excluding sick staff, volunteers and children**
  - Visual inspection at drop off and health screening of staff, parents and children.
  - Temp checks at drop off for anyone entering building including staff, volunteers and children
  - Regular health checks during the day
  - [Follow these exclusion guidelines](#) (Bet Shalom Yeladim's fever policy is 100.0 degrees)
  - **Parent and Staff Health Check at Night**
    - Check temperature before going to bed
    - Make visual inspection of signs of illness, which could include flushed cheeks, rapid breathing or difficulty (without recent physical activity), fatigue, or extreme fussiness.
    - If child has fever or visual signs of illness, child must stay at home
    - If anyone living in the household has a fever or visual signs of illness, the child/staff member must stay at home. [Follow these exclusion guidelines](#) (Bet Shalom Yeladim's fever policy is 100.0 degrees)
    - People with these symptoms or combinations of symptoms may have COVID-19:
      - Cough - new onset or worsening cough
      - Shortness of breath or difficulty breathing
      - Fever of 100 degrees or more



- *Or at least two of these symptoms:*
  - Chills
  - Repeated shaking with chills
  - Muscle pain
  - Headache
  - Sore throat
  - New loss of taste or smell
- **Ill children**
  - If a child becomes ill at school they will be moved to a room on their own with a staff member.
  - **Change of policy:** Children must be picked up within 30 minutes at school entrance, including siblings.
  - All spaces child was in will be immediately cleaned and disinfected
  - The room will be completely cleaned and sanitized after the child leaves or closed until proper cleaning and disinfecting is done.
  - The space that child has been, will be cleaned and disinfected of high-touch surfaces and what they might have touched.
  - [Follow these exclusion guidelines](#) (Bet Shalom Yelaldim's fever policy is 100.0 degrees)
  - Communicate with BSY on the status of your child and any diagnosis of your child's illness.
- **Ill Staff**
  - If a staff member becomes ill at school they will be sent home immediately or be in a room on their own until they are able to go home.
  - All spaces staff member was in will be immediately cleaned and disinfected
  - The room that the staff member was in will be completely cleaned and sanitized after the staff member leaves or closed until proper cleaning and disinfecting is done.
  - The space that staff member has been, will be cleaned and disinfected of high-touch surfaces and what they might have touched.
  - [Follow these exclusion guidelines](#) (Bet Shalom Yelaldim's fever policy is 100.0 degrees)
- **Confirmed COVID-19 Diagnosis:**
  - The school will be closed for at least 48 hours for cleaning.
  - If able, doors and windows will be opened to increase air circulation in the areas.
  - After at least 24 hours, areas will be cleaned and disinfected
  - All children and staff that were contacts of the child, will need to quarantine for 14 days from the start of the symptoms. A contact is someone that has



had physical contact with the child or staff person or has been within 6 feet of the child or staff person for more than 15 minutes consecutively.

- BSY will be in communication with MDH and following their direction.
- Parents will be notified right away when there is a positive COVID-19 diagnosis and in what classroom it was in. Direction will be given at that time for who will need to stay home and for how long.

➤ **Social distancing throughout the day**

- There will be none to minimal mixing of classes.
- Class sizes will be 12 or less.
- Children will be spread out more for meal times, table activities and group time.
- Social distancing of 3ft will try to be encouraged between children but not mandatory. Maintaining the current social distancing recommendations will present a challenge, as young children will have a difficulty understanding and remembering at all times to maintain proper distance.
- Masks will be worn by staff members that are within at least 3 ft of children or 6 ft of other staff.
- Art, music, Hebrew and Shabbat will be done virtually and watched in classrooms.
- Visual aids will be used where appropriate.
- Staff are encouraged to maintain social distancing.
- **Naptime**
  - Cots or cribs will be spaced out as much as possible and space allows. Toddlers tend to need more assistance staying on their cot and falling asleep so a teacher may sit in between two cots which does not allow for 3 ft-6 ft in between. When cots are not able to be 3-6 ft apart then children will be placed head to toe to reduce the potential for viral spread.
  - Blankets will be sent home to be washed at the end of the week. They must come back clean on Mondays

➤ **Cloth face coverings**

- Cloth face coverings are required by all staff when within at least 3 feet from children and 6 feet of other adults.
- Staff must wear a clean cloth face covering each day.
- Children do not have to wear cloth face coverings and only should if they are over two years of age and they can reliably wear, remove, and handle the cloth face covering.

➤ **Outdoor activities**

- There will be none to minimal mixing of ages on the playground
- Children will wash/sanitize their hands before and after being outside.



- Playground will be cleaned when needed during the day and sanitized at least one time per day.
- **Change of policy-** We will not have the required equipment and materials for children available at all time since some materials and toys can not be adequately disinfected right away.
- **Large motor space**
  - Room has been split into two spaces so ages are not mixed.
  - It will be cleaned and sanitized before each group of children
  - **Change of policy-** We will not have the required equipment and materials for children available at all time since some materials and toys can not be adequately disinfected right away.
- **Meals and snacks**
  - Meals and snacks are done in individual classrooms.
- **Field trips and events**
  - Group events (Art, Hebrew, Music and Shabbat) are held virtually and watched in individual classrooms
  - At this time no other events or field trips are happening.
- **Workplace ventilation**
  - Windows will be opened when able and appropriate.
  - Inside doors are open as able to allow for circulation of the air
  - The building's ventilation system takes in new air for circulation based on temperature outside.
- **Communications and training practices and protocols**
  - All staff and management will be trained regarding COVID-19 exposure, as well as all policies, procedures and protocols.
  - Training will be done virtually if possible and if not applicable then in a socially distancing space.
  - This COVID-19 Preparedness Plan will be posted in the school in an accessible area, each class will have a printed copy and every staff person will be given a copy.
  - All rules and regulations will be communicated with staff and we will adequately enforce the provisions.
  - Anyone working in Bet Shalom Yeladim will be given a copy of our preparedness plan and will be trained on rules and regulations.
  - Cloth masks and gloves are available to all that are entering the building.
  - Staff must ensure they comply with and follow the plan that is relevant to them.
  - A copy will be given to all families and the parts that are relevant to them will be given in plain language.



- Staff with concerns about their employer's COVID-19 Preparedness Plan or questions about their rights should contact MNOSHA Compliance at [osha.compliance@state.mn.us](mailto:osha.compliance@state.mn.us), 651-284-5050 or 877-470-6742.